

topics including verbal and non verbal communication sexual issues socialising and parenting with case studies from couples who have successfully worked through their issues this edition is fully updated for the dsm v and features new research into alexithymia further insights into couples counselling digital communication and sensory sensitivity with new worksheets and opportunities for collaboration and reflection combining advice guidance and activities this book can be used independently by a couple at home or in conjunction with a therapist encouraging communication and empathy to help make a neurodiverse relationship successful

advice and activities to build understanding and communication in relationships where one partner is on the autism spectrum this edition is fully updated to reflect contemporary research and changes to the dsm v and provides exercises for couples to collaboratively work through the challenges that may arise in a neurodiverse relationship

many asperger men are confused and bewildered by women dating and relationships and find it hard to know how to get it right this practical handbook provides many of the answers to their key questions about women and dating helping them to understand how to have successful relationships

this is the first book to provide a complete model for counselling couples where one partner has asperger syndrome it provides details of the seven different stages of the model and includes anecdotal evidence from clients whose relationships have been greatly helped by it the book includes photocopyable activity sheets

based on academic research experiences as a counselor specializing in this area and personal relationship experiences the author uses quotations and real life examples to illustrate her points with a compassionate understanding practical everyday topics include living and coping with as anger and as getting the message across sex and as parenting staying together and as cannot be blamed for everything

this book aims to help the spouses or partners who are married to or in a long term relationship with someone diagnosed with asperger s syndrome or more likely suspected asperger s syndrome as this book is an honest account of what my life has been like with my as husband and how his asperger s has affected our marriage we have had many crisis moments over the years but most of these have been through joint ignorance of my husband s condition with realisation came a long getting to know you process and learning more about the condition and david s idiosyncrasies advice that worked for us is clearly signposted there are about 500 articles on a vast range of subjects plus lots of links to the latest research david also writes about the topics i have chosen from his autistic experience providing insight into how our relationship works or doesn t from his perspective i want to share with you the everyday nitty gritty tiny details that most people outside of your family would miss that really affect you as a couple i have gone into detail about these and explained why these behaviours happen not every man with as is the same but you will recognise some of these behaviours in your husband or partner i graduated with a masters in autism from northumbria university and used my 18 years of experience research of living with david to write my dissertation about our marriage i couldn t help but be worried when he read through my dissertation at the end as i was concerned that i may have misunderstood some things or upset him with some of the detail i believe it was probably quite hard for him to read how much his behaviour over the years had affected me but all he said after he had read it through was that it was very insightful i knew then i had done a good job

Dr Tony Attwood and Craig Evans are proud to introduce their first book together. Previously they brought you Autism Hangout, a question and answer style video series in which Dr Tony directly addresses the most pressing questions of those touched by autism. Now this unstoppable duo has refreshed these conversations and converted them into book form, creating an invaluable resource to keep helpful information present and available to the public. Their goal: thriving with autism.

Since receiving her husband's diagnosis, Katrin Bentley's marriage has improved substantially. This book shares the struggle of one couple to rescue their marriage. It is uplifting and humorous and includes plenty of tips to making an Asperger marriage succeed. It offers couples hope, encouragement, and strategies for their own marriages.

Offering practical advice straight from the couples counseling room, Eva Mendes provides an insider's view into what couples and counselors can do to help make an ASD relationship last. She outlines the challenges faced in an ASD relationship and provides strategies that can improve the lives and marriages of couples on a daily basis.

From coming to terms with a diagnosis and receiving specialist counselling to pursuing careers and maintaining long-term relationships, this essential guide takes a positive and practical approach to living with Asperger's syndrome.

Does your other half have Asperger syndrome, or do you suspect that he or she is on the autism spectrum? This quick and helpful guide provides all the information you need for relationship success with your As partner. Maxine Aston offers relationship advice that draws on over a decade of counselling experience.

Fully updated for DSM-5, the new edition of Ashley Stanford's bestselling book continues to offer invaluable relationship guidance to couples where one or both partners are on the autism spectrum. By exploring Asperger/ASD traits step by step, the book emphasizes the value of understanding and offers solutions that have worked for other couples.

Loving someone with Asperger's syndrome is an essential resource for anyone in a relationship with a partner who has Asperger's. This book explains how Asperger's may cause problems in a relationship and offers help for communicating, coparenting, and building an emotional connection with a partner who has Asperger's syndrome.

Delve into the dramatic impact Asperger syndrome can have on the complex world of adult interpersonal relationships. Psychologist Kathy Marshack shares poignant true stories based on her own life and the lives of her clients, focusing on how partners/spouses of someone with AS can take back their own life and find true meaning and happiness. The author discusses these sensitive issues and shows readers how to take control of their lives and grow away from dysfunctional behavior and dysfunctional relationships. Each chapter closes with a series of lessons learned that recap the main points of the chapter and offer new ways to look at these very unique challenges.

life with a partner whose neurotype is different than yours is filled with moments that can be surprising unique and sometimes challenging love and asperger s is a helpful guide to everyday techniques to strengthen empathy and connection between neurodiverse couples while keeping your love for each other at the center of everything life with a partner whose neurotype is different than yours is filled with moments that are surprising unique and sometimes challenging if one of you is on the autism spectrum and the other is neurotypical this aspergers books is a helpful and inclusive guide to understanding the nature of your relationship and navigating its particular obstacles while keeping your love for each other at the center of everything even though aspergers is no longer an official diagnosis many people like you or your partner may still fit the aspergers profile and identify with the term this book is designed with you in mind featuring expert advice from relationship therapist kate mcnulty inside you ll find engaging scenarios of couples experiencing similar challenges combined with practical evidenced based solutions that address the needs and perspectives of both partners equally love and asperger s helps you work together find easy ways to improve communication cultivate emotional and physical intimacy and maintain a commitment to learning about each other appreciate your differences open a window into the inner world of your partner and the ways in which their experiences differ from yours so you can convey your own perspective more effectively break through the stereotypes sort out myths and facts so you can understand neurotypical and neurodiverse thinking and make your life together as a couple more loving and more rewarding deepen your relationship and your communication with an enlightening book on aspergers and love

comparing both as and non as partners viewpoints this book frankly examines the aspects of relationships that are often complicated by the disorder with all findings illustrated with case examples taken from interviews conducted with couples the author tackles issues such as attraction trust communication sex and intimacy and parenting

comprised of the accounts of twelve heterosexual couples in which the man is on the autism spectrum this book invites both partners to discuss their own perspectives of different key issues including anxiety empathy employment and socialising autism expert tony attwood contributes a commentary and a question and answer section for each of the twelve accounts the first book of its kind to provide perspectives from both sides of a relationship on a variety of different topics neurodiverse relationships is the perfect companion for couples in neurodiverse relationships who are trying to understand one another better

this is an asperger romance a true account of how young and obsessional love turned into a nightmare marriage of confusion anger and recrimination the discovery of how one partner was on the autistic spectrum and their coming to terms with and coping with this enduring situation karen describes in her own words with complete honesty how she survived twenty years of walking on eggshells and feeling so very alone before turning their marriage around and rediscovering the love they first had for each other

drawing on her experience of being married to a man with as weston shows that the road to intimacy begins with letting go of expectations and looking after your own emotional needs she provides strategies for connecting with your as partner tips for coping with hurtful words and meltdowns and finding further sources of help and support

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